

## Services in the Reno-Sparks-Carson-Tahoe Community

last updated Feb. 2013

### Shelter & Housing

<p style="text-align: center;"><u>Tahoe Safe Alliance</u>  <a href="http://www.tahoesealliance.org">www.tahoesealliance.org</a>                  948 Incline Way, Incline Village                  Business: 775-298-0010                  24 hour Help Line: 1-800-736-1060</p>	<p>The Mountain Rose safe house is a place where clients can collect themselves, look at their lives, assess their needs and plan for the future. It is a 60-day program that can shelter up to three families. Tahoe SAFE Alliance provides shelter, food, and day to day living essentials, allowing the families to save money towards independent living.</p>	<p style="text-align: center;"><u>Casa de Vida</u>  <a href="http://www.casadevidareno.org">www.casadevidareno.org</a>                  1290 Mill St. Reno, NV                  775-329-1070</p>	<p>Provides young pregnant female residents with a safe home, caring staff, 24 hr supervision &amp; assistance, nutritious meals, pregnancy &amp; childbirth education, &amp; social service assistance.  <b>The House of Hope</b> is a 6 month residential/transitional housing program for new mothers and their infants (age 6 months &amp; younger at the time of program entry).</p>
<p style="text-align: center;"><u>A Safe Embrace</u>  <a href="http://www.safeembrace.org">www.safeembrace.org</a>                  1570 Linda Way Sparks, NV                  775-322-3466</p>	<p>Safe Embrace operates a 10-bed, emergency shelter facility for female victims of domestic violence &amp; their children. The shelter accepts both male and female children up to age 17 with the intention of keeping the family together. Residents may stay in the shelter for up to 2 months, as long as they are in compliance with shelter rules &amp; regulations. The shelter program includes food preparation and storage, case management, therapy groups, safety planning, laundry services, transportation &amp; personal hygiene items at no cost.</p>	<p style="text-align: center;"><u>Committee To Aid Abused Women (CAAW)</u>  <a href="http://www.caaw.org">www.caaw.org</a>                  1735 Vassar St. Reno, NV</p> <p>To access these services, please call CAAW's 24-hour hotline at (775) 329-4150</p>	<p>CAAW provides temporary shelter. Families who reside in the shelter may stay for up to 60-days. CAAW provides emergency transportation &amp; food assistance to victims &amp; survivors of DV. <b>Clothing assistance is also available to victims and survivors.</b> CAAW's Transitional Housing Program provides up to 36 months of subsidized housing for families committed to breaking the cycle of intergenerational violence. The program provides staff support to individuals who have completed a residential program (like CAAW's Emergency Shelter program), have an income (i.e. employment, TANF, SSI, child support) and have made a commitment to live free from violence.</p>
<p style="text-align: center;"><u>Reno Housing Authority</u>  <a href="http://www.renoha.org">www.renoha.org</a>                  1525 East 9<sup>th</sup> St Reno, NV                  775-329-3630</p>	<p>Provides section 8 vouchers for renting units from private landlords. Public housing also available</p>	<p style="text-align: center;"><u>Bristlecone Family Resources</u>  <a href="http://www.bristleconereno.com">www.bristleconereno.com</a>                  1725 S. McCarren Blvd. Reno, NV                  775-954-1400</p>	<p>Comprehensive addiction and mental health wellness in-patient/out-patient treatment, recovery and prevention services in Northern Nevada.</p>
<p style="text-align: center;"><u>Volunteers of America Women's Shelter</u>  <a href="http://www.voa-sac.org/Our-Services/Northern-Nevada-Services">www.voa-sac.org/Our-Services/Northern-Nevada-Services</a>                  315 Record St., Reno, NV 89501                  775-329-4145</p>	<p>50-bed <b>Women's Shelter</b> is one of three Volunteers of America/ReStart-operated shelters at the City of Reno's Community Assistance Center in downtown Reno</p>	<p style="text-align: center;"><u>Reno-Sparks Gospel Mission</u>  <a href="http://www.rsgm.org">www.rsgm.org</a>                  2115 Timber Way, Reno, NV 89512                  775-329-0485</p>	<p style="text-align: center;"><i>For men:</i></p> <ul style="list-style-type: none"> <li>• 80 beds for addiction recovery</li> <li>• 20 beds for cold weather emergency shelter (October - March)</li> </ul> <p style="text-align: center;"><i>For women &amp; children:</i></p> <ul style="list-style-type: none"> <li>• 22 beds for addiction recovery</li> <li>• 20 beds for emergency shelter</li> </ul>
<p style="text-align: center;"><u>ReStart Nevada</u>  <a href="http://www.restartreno.org">www.restartreno.org</a>                  490 Mill St., Reno, NV 89502                  775-324-5166</p>	<p>Mental Health Supportive Housing: services to homeless individuals &amp; families with mental health disabilities, crisis intervention, JOIN (jobs)</p>	<p style="text-align: center;"><u>Natalie Potter Case Manager</u>                  1290 Mill St. Reno, NV 89502                  775-329-3211 ext. 1  <a href="mailto:Natalie@casadevidareno.org">Natalie@casadevidareno.org</a></p>	<p>Assists those who are pregnant or parenting (on Medicaid FFS or Amerigroup) get back into school, apply for housing, find employment or obtain job skills, apply for Early/Head Start &amp; Basic Living Skills.</p>
<p style="text-align: center;"><u>St. Vincent's Residence</u>  <a href="http://catholiccharitiesnorthernnevada.org">catholiccharitiesnorthernnevada.org</a>                  395 Gould St. Reno NV                  775-322-2143</p>	<p>Rooms available \$75 and up, deposit required. Affordable weekly rates for low-income individuals and families.</p>	<p style="text-align: center;"><u>Step 2</u>  <a href="http://www.step2reno.org">www.step2reno.org</a>                  3700 Safe Harbor Way, Reno, NV                  775-787-9411</p>	<p>Substance abuse treatment program providing women &amp; their children suffering from chemical addiction, poverty &amp; DV the opportunity to rebuild their lives.</p>
<b>Food, Clothing &amp; FREE Cell Phone Service</b>			
<p style="text-align: center;"><u>St. Vincent's Food Pantry &amp; Dining Room</u>                  500 E. 4<sup>th</sup> St., Reno, NV                  (corner of 4<sup>th</sup> &amp; Valley)                  775-786-5266</p>	<p>Food pantry open year-round 9am-6pm, Monday-Saturday                  Lunch served in the dining room between 11:30am-12:20pm</p>	<p style="text-align: center;"><u>St. Vincent's Thrift Shop</u>                  500 E. 4<sup>th</sup> St., Reno, NV                  (corner of 4<sup>th</sup> &amp; Valley)                  775-322-9824</p>	<p>Clothing vouchers offered Monday-Thursday, 8:30am-11am for women &amp; children  <i>Call: 322-7073 ext. #221 or #230 for additional assistance from CCNN</i></p>
<p style="text-align: center;"><u>Nevada Urban Indians Domestic Violence Program</u>                  1475 Terminal Way Ste B. Reno, NV                  775-788-7600</p>	<p>Provides: Advocacy, Emergency Shelter &amp; Housing Assistance, Food, Clothing, Employment Assistance, Domestic Violence Support Group, Transportation Assistance, &amp; Legal Consultation</p>	<p style="text-align: center;"><u>Friar's Food Pantry</u>                  St. Thomas Aquinas Cathedral                  310 West 2<sup>nd</sup> St., Reno, NV 89503                  775-329-2571 ext. 111</p>	<p>Food Distribution is only 2 days per month (call for dates)                  1pm-2:30pm                  ID and proof of residence is required to receive assistance</p>
<p style="text-align: center;"><u>Good Shepherd's Clothes Closet</u>                  335 Record St., Reno, NV                  775-348-0605</p>	<p>Open Monday-Friday, 10:30-3:30pm for men's, women's and children's clothing: must pick up voucher from St. Vincent's</p>	<p style="text-align: center;"><u>Christmas Cheer Food Closet</u>                  1120 Third St. So. Lake Tahoe, CA                  530-542-4934</p>	<p>Provides nutritious food year-round to those in need. Open Sundays 2-4pm &amp; Monday &amp; Wednesdays 11am-2pm</p>
<p style="text-align: center;"><u>Reno-Sparks Gospel Mission</u>  <a href="http://www.rsgm.org">www.rsgm.org</a>                  2115 Timber Way, Reno, NV 89512                  775-329-0485</p>	<p>Every day, we serve breakfast and dinner to any woman off the streets, and feed dinner to about 60 men each night. <b>Also has a community pantry.</b></p>	<p style="text-align: center;"><u>Meals on Wheels</u>                  1155 E. 9<sup>th</sup> St. Reno, NV                  775-328-2575  <u>Project MANA</u>  <a href="http://www.projectmana.org">www.projectmana.org</a></p>	<p><b>Meals on Wheels</b> operated by Washoe County Senior Social Services. Delivers meals to homebound seniors 60+, \$2.00 donation requested  <b>Project MANA (Making Adequate Nutrition Accessible)</b> hunger relief organization serving the North &amp; West Shores of Lake Tahoe &amp; Truckee.</p>
<p style="text-align: center;"><u>Church of Jesus Christ Spirit Filled</u>                  3175 Goldie Way Sparks, NV                  775-358-2842</p>	<p>Food pantry open every 3<sup>rd</sup> Tuesday 10am-noon</p>	<p style="text-align: center;"><u>SafeLink Wireless</u>                  1-800-723-3546  <a href="http://www.safelinkwireless.com">www.safelinkwireless.com</a></p>	<p><b>250 FREE minutes every month.</b> Meet <u>eligibility guidelines</u>: receive Food Stamps, Medicaid, SSI, TANF, LIHEAP, receive free school lunch, Section 8 Housing, or low gross monthly income.  <i>Cell phone offers: voicemail, text, three-way calling, call waiting, caller ID &amp; access to 911.</i></p>
<p style="text-align: center;"><u>Baby's Closet-Casa de Vida</u>                  1290 Mill St. Reno, NV 89502                  775-329-1070</p>	<p>Shop the boutique (baby clothes &amp; supplies) for <b>FREE</b> every 3 months. <b>Tuesday, Wednesday and Thursday</b> 10am - 3pm Closed: 11:30am-12:30pm</p>	<p style="text-align: center;"><u>SafeLink Wireless</u>                  1-800-723-3546  <a href="http://www.safelinkwireless.com">www.safelinkwireless.com</a></p>	<p><b>250 FREE minutes every month.</b> Meet <u>eligibility guidelines</u>: receive Food Stamps, Medicaid, SSI, TANF, LIHEAP, receive free school lunch, Section 8 Housing, or low gross monthly income.  <i>Cell phone offers: voicemail, text, three-way calling, call waiting, caller ID &amp; access to 911.</i></p>

# Dial 211 for FREE information about health and human services 24/7/365

## Government & Community Agencies

<p><u>Nevada State Welfare</u>  <a href="http://www.dwss.nv.gov">www.dwss.nv.gov</a>                      3697-D Kings Row Reno, NV                      (At McCarren in View Crest Center)                      775-684-7200</p>	<p>SNAP (food stamps), TANF,                      NV Check-up, Medicaid, Child Support                      Enforcement Program.                      Open Monday-Friday, 8am-5pm</p>	<p><u>WIC Program</u>                      1001 E. Ninth St., Building B,                      Reno, NV 89520-0027                      Monday - Friday                      8am – 12pm, 1pm – 5pm                      (775) 328-2299</p>	<p><b>To be eligible for WIC services—Food supplement program, you must meet all of the following:</b> Be a pregnant, postpartum (to 6 months) or breastfeeding (up to 1 year) woman, or an infant or child up to age 5. Be a Nevada resident. Meet Income guidelines; Be determined to be at medical or nutritional risk.</p>
<p><u>Sparks Christian Fellowship</u>                      Tuesday Night, Drop-In Support Groups for Anger Management, Porn Addiction, Drug &amp; Alcohol Addiction, Domestic Violence, Sexual Assault, and Grief &amp; Loss  <a href="http://www.scf.net/ministries/supportrecovery-groups/">http://www.scf.net/ministries/supportrecovery-groups/</a>                      775-331-2303, ext. 119</p>		<p><u>The Life Change Center</u>                      1755 Sullivan Lane, Sparks, NV 89431                      775-355-7734                      Medication dispensation/counseling: 6am-1pm (Mon-Fri), Saturday 6am-8am                      Treatment cost: \$9-\$11 per day                      Treatment for opiate dependence thru medically assisted treatments &amp; counseling</p>	
<p><u>Gamblers Anonymous</u>                      Call for meeting schedule                      775-356-8070</p>	<p><u>Alcoholics Anonymous</u>                      436 So. Rock Blvd. Sparks, NV                      775-355-1151</p>	<p><u>Northern Nevada Al-Anon &amp; Alateen</u>                      Help for family &amp; friends of alcoholics                      775-348-7103</p>	<p><u>Narcotics Anonymous</u>                      Call for meeting schedule                      775-322-4811</p>

## Medical & Dental

<p><u>Access to Healthcare Network</u>  <a href="http://www.accesstohealthcare.org">www.accesstohealthcare.org</a>                      4001 S. Virginia Street, Suite F                      Reno, NV 89502                      775-284-8989</p>	<p>A non-profit helping uninsured Nevadans meet their health care needs with discounted rates for medical services. Within 2 business days of submitting your application, a Health Resource Specialist will contact you.</p>	<p><u>TMCC Dental Hygiene Program</u>  <a href="http://www.tmcc.edu/dental/hygiene/info">www.tmcc.edu/dental/hygiene/info</a>                      7000 Dandini Blvd. RDMT 415-A, Reno                      775-673-8247</p>	<p>Treatment will be performed by a student and will be supervised by a dentist and dental hygiene faculty. Provide: X-rays, oral cancer screenings, &amp; dental cleanings.</p>
<p><u>HAWC Main Clinic</u>  <a href="http://www.hawcinc.org/">http://www.hawcinc.org/</a>                      1055 So. Wells Ave, Reno, NV                      775-329-6300</p>	<p>Provides: Medical and dental care, on-site pharmacy, pediatrics, women's health, birth control &amp; behavioral health</p>	<p><u>No. Nevada Dental Health Program</u>  <a href="http://www.nndental.org">www.nndental.org</a>                      6770 S. McCarran Blvd, Ste. 102, Reno                      775-770-6609</p>	<p>Offers low-cost dental care to qualified children. Parents must provide current pay stub or W2, completed application, copy of Medicaid or NV checkup ID or denial letter.</p>
<p><u>Student Outreach Clinic</u>                      UNR School of Medicine                      Located near the Salvation Army Offices on Oddie Blvd in Reno, NV                      775-682-8646</p>	<p>Primary care provided free of charge by supervised medical students. Patients who are medically indigent can receive health care, screening, diagnosis and some treatments, in addition to referrals.</p>	<p><u>CARE Chest of Northern Nevada</u>  <a href="http://www.carechest.org">www.carechest.org</a>                      7910 N. Virginia St., Reno, NV                      775-829-2273</p>	<p>Provides medical supplies to low-income individuals whom are uninsured or underinsured</p>
<p><u>HOPES</u>  <a href="http://www.nnhopes.org">www.nnhopes.org</a>                      580 W. 5<sup>th</sup> St. Reno, NV                      775-348-2893</p>	<p>Whether you have great insurance coverage or none at all, HOPES is here to serve you. Medical &amp; Dental care, women's health care, HIV testing, pharmacy, counseling, nutrition, food pantry, housing/utility &amp; transportation assistance...if funding is available.                      For social services call: 775-348-2896</p>	<p><u>Crisis Pregnancy Center</u>                      853 Haskell St., Reno, NV 89509                      775-826-5144</p>	<p>FREE Pregnancy tests, educational program for first time moms, baby supplies provided for clients.</p>
		<p><u>The Pregnancy Center</u>                      975 Ryland St. Ste 105, Reno, NV                      775-982-5640</p>	<p>Provides OB (prenatal) care to underinsured, uninsured women in Northern NV. (You do not need to be a citizen to receive care)</p>

## Education & Employment

<p><u>Adecco Temp. Services</u>  <a href="http://www.adeccousa.com">www.adeccousa.com</a>                      5255 Longley Ln Ste 110, Reno, NV                      775-828-5300                      Does NOT charge a fee for job placement</p>	<p><u>JOIN</u>                      Workforce Development Agency  <a href="http://www.join.org">www.join.org</a>                      1201 Terminal Way, Suite 104, Reno, NV                      775-336-4450                      Job training, counseling &amp; referrals</p>	<p><u>Nevada Job Connect</u>  <a href="http://www.nevadajobconnect.com">www.nevadajobconnect.com</a>                      Reno Town Mall                      4001 South Virginia St., Reno, NV                      775-284-9600                      Free job placement resource</p>	<p><u>Sierra Nevada Job Corps Center</u>  <a href="http://sierranevada.jobcorps.gov/">http://sierranevada.jobcorps.gov/</a>                      14175 Mt. Charleston St. Reno, NV                      775-789-1000                      Students receive the skills needed to succeed in today's workforce  <b>No Cost</b></p>
<p><u>TMCC Re-Entry Program</u>  <a href="http://www.TMCC.edu/reentry">www.TMCC.edu/reentry</a>                      7000 Dandini Blvd., RDMT 111, Reno                      775-673-7062</p>	<p>Academic advising, vocational assessment, counseling (personal &amp; career), work experience, job search assistance, referrals for instructional assistance and community resources. Program participants may request financial assistance for: tuition, books, child care, instructional supplies, &amp; transportation costs.</p>	<p><u>Washoe High School</u>                      777 W. 2<sup>nd</sup> St., Reno, NV 89503                      775-333-5150</p>	<p>G.E.D. preparation and testing                      Teens 17+ working day jobs attend                      Also offers the Cysis program (High School for pregnant teenage girls &amp; new mothers). Child care facilities as well as instruction in prenatal and infant care are provided.</p>

## Family Services & Childcare Assistance

<p><u>Big Brothers Big Sisters</u>  <a href="http://www.bbbsnn.org">www.bbbsnn.org</a>                      745 W. Moana Lane, Suite 200, Reno                      775-352-3202                      Community-based mentoring for children</p>	<p><u>Boys and Girls Club of Truckee Meadows</u>  <a href="http://www.bgctm.org">www.bgctm.org</a>                      2680 E. Ninth St., Reno, NV 89512                      775-331-3605                      Before &amp; after school program for children and teens. Summer camp also available.</p>	<p><u>Children's Cabinet</u>  <a href="http://www.childrenscabinet.org">www.childrenscabinet.org</a>                      1090 So. Rock Blvd., Reno, NV 89502                      775-856-6200                      Childcare subsidy assistance, parenting classes, family counseling</p>	<p><u>Child &amp; Family Research Center</u>  <a href="http://www.unr.edu/education/centers/cfrc">www.unr.edu/education/centers/cfrc</a>                      Sarah Fleischmann Bldg., UNR-Reno                      775-784-6762                      Provides early childhood care and education to children age 6 weeks to 6 years old</p>
<p><u>Family Resource Centers</u>  <b>North Valleys</b> – (775) 677-5437  <b>Sun Valley</b> – (775) 674-4411  <b>Sparks</b> - (775) 353-5733  <b>Central Reno</b> - (775) 786-5809</p>	<p>Family advocacy/support, translation services, parenting classes, community referrals, employment info &amp; job training, <u>Family to Family Connection</u> Play Groups, child development classes, etc.</p>	<p><u>Community Service Agency (CSA)</u>  <a href="http://www.csareno.org">www.csareno.org</a>                      1090 E. 8<sup>th</sup> St. Reno, NV                      775-786-6023</p>	<p><b>Head Start (free preschool)</b>, parenting classes, weatherization—reduce utility costs, NV Energy payment assistance, Employment Assistance &amp; training,  <b>Free Income Tax Preparation</b></p>